

# Stress Free Stockmanship for Healthy Landscapes

15th-16th May, ADELONG  
(Day 3 to be confirmed)

## Take the first steps to better animal handling

Using STRESS FREE Stockmanship techniques you can:

- better understand livestock behaviour – learn to recognise animals' pressure, flight and fight zones
- use this knowledge to achieve stress-free and efficient handling in the paddock and in the yards, and
- de-stress new or existing animals to improve their production rates.

Through the course you will also discover:

- how much livestock stress is costing you in lost time and production
- how to get existing yards working for you so you can save money in stockyard design and construction, and
- how to use grazing to improve your pastures – turn your animals into weed eaters!

## How can I learn these techniques?

STRESS FREE stockmanship courses are run over three days. Each day includes practical demonstrations, active participation, group discussion and demonstration videos. Courses include:

- a comprehensive take-home manual
- individual coaching as well as group work – tailored for your circumstances
- both theory and practice – plenty of practical working sessions that will reinforce your skills and confidence.

## See it in action:

Search YouTube for Stress Free Stockmanship.

## Cost and funding:

\$650/person for 3 day course. This course is a FarmReady Approved Training Course (FRTC 00391). This means that eligible primary producers can be reimbursed for 65% (\$422.50) of the total cost of their attendance.

See [www.farmready.gov.au](http://www.farmready.gov.au) for more information.

*Delivered by Stress Free Stockmanship  
in partnership with Murrumbidgee Landcare inc.*



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